

Winter 2017
Issue no. 25

Flourish

Keeping you in the Know



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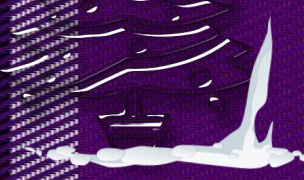
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Head Teacher's Message

This session has, once again, brought a rich range of opportunities and experiences for our pupils across year groups. In the Summer 2017 edition of Flourish we were able to reflect on our senior pupils enjoying the trip of a lifetime with Operation Wallacea, supported by fundraising and altruism from across our community. This term we have seen the community combine for some excellent events, including our Christmas Concert and school dances. A real highlight of the term has been the extension of the excellent work of our Mental Health Champions into a national forum in presenting to Education Scotland and the celebration of our work around inclusion and diversity culminating in winning the Equality Advocate category at the National Diversity Awards.



The articles within, indeed, celebrate group and personal achievements in the full range of curricular areas across the school. I remain particularly proud of the hard work done by pupils, parents and staff across the community to fund-raise for charitable causes, from our work with Start-Up-Stirling to our efforts in fundraising for Save the Children through seasonal activities. Especially notable was the work of Mr Gracie and a team of S6 students who took part in the Sleep-in-the-Park event to raise money for Social Bite and awareness of Scotland's homeless community. These are just some of the many causes supported by our community and this on-going altruism and generosity in committing to others above ourselves is what truly defines us as a school.

As I write, we have yet to enjoy our Senior Christmas Formal and last day activities, and I am conscious that families will be looking forward to spending time together over Christmas. I am also aware, however, that this time can be challenging for some families and I wish to thank our community for being so mindful and supportive of others throughout the Christmas period. We received exciting news this week that we will begin the new term with a visit by John Swinney (Depute First Minister) and Annabelle Ewing (MSP) to launch new national policy around Additional Support Needs legislation from Wallace High. This is testament to our work on wider health and wellbeing and will provide a great opportunity to showcase our outstanding pupil-led Play Unified programme.

Please follow us on Twitter (@wallacehighsch) to keep up-to-date with our pupils' achievements on an on-going basis. I look forward to collecting these and sharing them once again in our Spring edition. In the meantime, I wish you all a very Merry Christmas and a healthy, peaceful and prosperous new year!

Staff News...

Maternity Leave...

Mrs Adele McAdam commenced her maternity leave in November with best wishes being sent from all our staff and pupils for the upcoming birth of her child.

Acting Appointments...

Mrs Laura Sinclair has been appointed as acting Faculty Leader Creative Industries to support Mrs McAdam's maternity leave. **Miss Sharon Glass** has been appointed as acting Pupil Support Leader (Closing the Gap).

Support Staff...

Wallace High welcomes **Mr Liam Grimmer** and **Mr Michael Naismith** to the Pupil Support Team as pupil support assistants.

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Dates for your diary...

Monday 8th January 2018	Start of New Term
Wednesday 10th January	S3 Parents' Evening & Course Choice Information Evening
Monday 15th January	Senior Phase Prelims begin
Tuesday 16th January (7pm)	Parent Council Meeting
Friday 19th January	S3 Options Interviews (am)
Tuesday 23rd January	S4 Parents' Evening
Thursday 8th February	S5/6 Parents' Evening
Monday 12th February	School Closure Week
Monday 19th February	Pupils return

Scotland calls...



Congratulations to Aidan Kemp (Head Boy) and Fraser Currid (S5) who have received a call to represent Scotland in the forthcoming Home Internationals football series against England, Northern Ireland and Wales.

Significantly, Aidan and Fraser will be the first Wallace pupils to represent Scotland at schoolboy level since Gary and Steven Caldwell in the late 1990s; both then enjoying a successful football career.

Wallace High wish Aidan and Fraser well and look forward to hearing of their future successes.



Diversity Award...



The first annual Scottish Diversity Awards were held in Glasgow’s Crown Plaza on 11th December to celebrate the pioneering work done to promote inclusion across Scottish businesses and third sector charities. Wallace High received a nomination in the Equality Advocate category and were proud to attend. The school was nominated for our innovative work to promote equality, which encompasses the Mental Health programme, Play Unified, LGBTQIA+, Young Carers and the work within Ochil House. Wallace High, the only school to receive a nomination, won the award, which was collected by our Head Girl and Boy: Molly Williams and Aidan Kemp. The award celebrates the hard work and dedication of many staff, pupils, parents and partners across the learning community and we are extremely proud of everyone who contributed to this success.

Nobel Prize performance—Fraser Grant (S6)...

An amazing opportunity was bestowed upon Wallace High pupil Fraser Grant who, as part of Sistema Scotland, performed for the Nobel Prize winners’ evening in front of the King of Sweden. The orchestra was conducted by the world renowned Gustavo Dudamel. Congratulations, Fraser—what an achievement!



Dumfries House...



Two groups of senior pupils attended Dumfries House for the Future Textiles Workshop where they learned machine embroidery skills. They created some fantastic designs for their Higher and Advanced Higher folios.



S5&6 Website Challenge...

Also working on the “Stirling Music Festival”, our senior Digital Skills team (Zander Westland, Abishek Jason, Andrei Botezatu, Blair Paton and Joseph Marsden) showed off both their coding skills and their ‘softer digital skills’ through designing, creating and building a working website for the imaginary music festival. They worked superbly as a team and presented their website in completion with other Stirling secondary schools to digital industry leaders in Codebase Stirling. The senior team are getting ready for their next challenge next term, where they will aim to go one better and win the Stirling Schools challenge.

Higher Photography: National Museum of Scotland...

In October, Higher Photography pupils got the opportunity to attend a day and half workshop at the National Museum of Scotland in conjunction with Stills: Centre of Photography. They were given access to the museum’s period costumes to be used within a fashion shoot that they planned and prepared. Working with professional photographers from Stills, pupils were able to explore approaches to lighting, composition and styling. They were also given experience using professional editing software before having their final work curated and exhibited at the National Museum of Scotland. It was a really great experience and the results were excellent!



Presenting our Mental Health Model to Education Scotland...

Last week we were invited to present our whole-school Mental Health Model, “it’s all about me”, to Education Scotland. Mrs Steel, Dr Robertson and two Mental Health Champions, Kitty Houston & Penny Mitchell, presented to members of Education Officers, NHS and mental health charities from across Scotland. Both Kitty and Penny received very high praise for their confidence, professionalism and passion for mental health. We are delighted that our work is being recognised nationally and acknowledged as a model of good practice across Scotland.

‘Elphie’ on Tour...



In preparation for our Mental Health Week in February, we are taking our mental health mascot, Elphie, out on tour. She will be venturing out on all school trips and excursions, to remind everyone that mental health should not be the ‘elephant in the room’. So our Mental Health Champions could not resist getting a ‘Selfie with Elphie’ at Education Scotland...and around Glasgow as well. Please keep up to date with our mental health work by following us on Twitter @WHS_HWB.

Both Kitty and Penny were also invited to present their work to a group of Educational Psychologists, NHS staff and teachers from Stirling Council. They did such a fantastic job, that they have been asked to present at next year’s Stirling Young People’s Mental Health Conference “Just Breathe” in March! We are so proud of them and all 33 of our dedicated Mental Health Champions.



Primary 6 Transition Days...

At the end of last month the Primary 6 classes from Cornton, Raploch and Fallin visited Wallace High School to take part in the P6 Transition Days. They all showed fantastic teamwork and communication during the Maths Challenges as they built newspaper towers and competed in the relay. They also showed their competitive side during the K’Nex Challenge in Science and others enjoyed the engaging activities in Modern Languages and PE. Thank you to all the departments who took part - we received fantastic feedback from both the pupils and their teachers. We now look forward to welcoming Bridge of Allan and Riverside Primaries in January!



S2 Digital Skills Challenge...

All of S2 took part in the Wallace High S2 Digital Skills Challenge on 15th November. The event started with five visiting speakers sharing with the young people their journey into the digital industry and the opportunities that are available in the industry. Some strong messages for young people came through, especially the need for young people to focus on interests and strengths when choosing a career and the need for resilience in chasing their goal. For the “Ap Challenge” teams of four designed an Ap which they would launch for the fictional Stirling Music Festival. The Aps included: buying tickets online, how to follow the festival on social media, develop a festival blog, selling merchandise and downloading resources like a festival map. Well done to our two winning teams below, will go to “Codebase Stirling” in February where they will be mentored and over two days will build their design into a working Ap!



Biology on Tour...

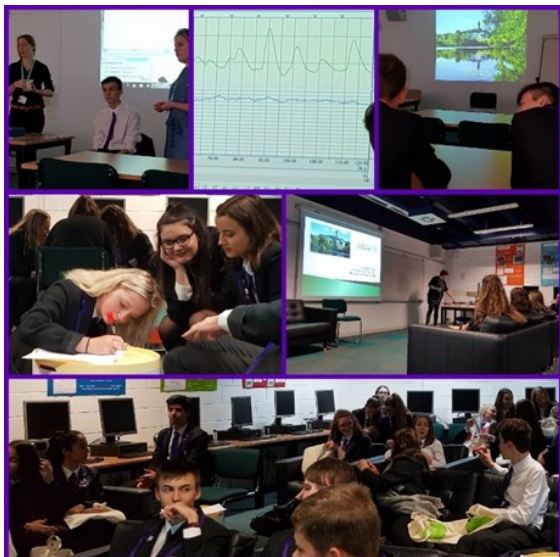
Wallace High's Senior Biologists have been taking advantage of learning opportunities outside the classroom this term. The Advanced Higher Biology class enjoyed ecological sampling at Doune Ponds despite the miserable weather – they even caught Miss Christie as she slid into the pond!



Additionally, the biologists visited Edinburgh to explore the Wohl Pathology and Surgery Museum and the National Museum of Scotland to support their learning of "Physiology and Health" back in the classroom



The class also took part in an afternoon workshop delivered by researchers at Stirling University's Psychology department.



Higher Physics Energy Levels...

A particularly challenging area of the Higher Physics course is learning how electrons can move up to higher energy levels when they absorb photons - but not any more!



Mr Rough's Higher class played the part of electrons climbing energy levels with special help from Mr Jubb and the Wallace climbing wall. Hopefully this analogy and interesting cross-curricular activity will help to deepen the learning and understanding of wave particle duality! The class had a fantastic time.

GO4SET...



The second year Go4SET team have been working hard with Fraser Winters from Calnex solutions on their STEM project. The team attended the launch day at New College Lanarkshire where they completed engineering challenges such as designing a roller coaster and creating a balloon chair. The team are now working hard to complete their challenge which is called "My School is an Island". They are working hard to meet the 10 week deadline they have been given!

Sleep in the Park 2017...



Senior pupils and staff took part in the first large scale Sleep in the Park event organised by the social enterprise business and charity, Social Bite. The team attended the event on Saturday 9th December in order to raise funds and awareness to help eradicate homelessness in Scotland. The team slept rough in Princes Street Gardens in Edinburgh, braving freezing temperatures down to -6°C, with nothing but a sleeping bag and warm clothes. It was quite an experience having to wipe frost off sleeping bags throughout the night.

The event was attended by many big names including Sir Bob Geldof, John Cleese, Rob Brydon and musical acts such as Frightened Rabbit, Deacon Blue and Liam Gallagher. The team left the event with a humbling view of what it can be like to be homeless and they managed to raise over £1700 toward this very worthwhile cause.

Ochil House Pupils Selected as Young Ambassadors...

Two pupils from Ochil House are involved in a new initiative: "Scotland's Youth Ambassadors for Inclusion Network". Timmy Kelly and Liam Welsh have been meeting with other young people from secondary schools across the authority each month to share views and highlight issues which are important to them. The outcomes from these discussions with the "Stirling Cluster Sevens" can then be used to develop and support inclusive education in Scotland.

Ochilushous Truffles...

Group 1 in Ochil House had a mini enterprise project. They made truffles to sell at the Lush fund raising event. They designed posters and jars. They did market research to find out if everyone liked the truffles. They worked out their

health and hygiene rules and made sure they kept to them. It was a success and all the truffles were sold!



Advanced Higher Computing pupils to Grant Westfield...

On 20th October our Advanced Higher Computing Pupils visited the manufacturing company Grant Westfield in Edinburgh to experience how digital skills and technology are used on a daily basis to ensure maximum productivity in a factory. The pupils learned in



context about

- Office 365 in the working environment
 - cloud based security helpdesk software for call logging, change control, asset management
 - software covers finance, production, material management, service management
- Understanding of how information is displayed on screens in the factory to help productivity

The pupils found the visit hugely beneficial as they are all planning careers in the digital industry.



Play Unified...

On the 23rd of November, during the in-service days, Molly Williams, Helen Walker and Miss



Whillans attended the prestigious Launch event for the 2018 Special Olympics. The event is to be hosted by Stirling University and will bring together athletes with intellectual disabilities to perform in a range of sporting activities. The Launch unveiled the plans for next year and our Young Ambassadors learned of ways that our Play

Unified club can support, both as volunteers and spectators. It was an amazing experience and one which has provided the Ambassadors with the motivation and inspiration to work in partnership with Disability Scotland and Stirling University to make this a memorable experience.

Gold Sport Award...

Wallace High is very proud to receive a second **sportscotland Gold Award** at a special celebratory event at the Albert Halls. Wallace has won two consecutive Gold Awards due to our extensive work in promoting sporting activity and health and wellbeing in its widest form.



Wallace High Swim Team...

The Wallace High Swim Team had their most successful outing to date at the Central Schools Swimming Championships and finished in a staggering second place in the 'Overall School' category, and was the highest placed state school, narrowly behind Dollar Academy. Wallace had by far the biggest entry of swimmers, which

A special mention must go to all medal winners on the day: Liberty Blair, Shona Laverty, Andrew MacKenzie, Abbie Notman, Struan McFarlane, Emily Roberts, Georgia Graham, Ilhan Nur Azam and Saffron Carr, who will all be considered for the National Finals in the new year.



Career Ready...

Five S5 pupils (Nathan Bone, Samuel Mudie, Dylan Johnstone, Chloe Paterson and Tor Jennings) have recently started a two-year employability mentoring programme called "Career Ready". This national initiative links young people with one-to-one mentors from a range of industries. Master classes, work-place visits and a paid summer internship between S5 and S6 add to the experience. Career Ready aims to transform lives by providing young people them with the real-life skills and knowledge they need for work. Nathan, Samuel, Dylan, Chloe and Tor have already attended workshops on communication and networking skills, and are currently arranging further meetings with their mentors. They look forward to updating you on their progress in future editions of *Flourish*.



JOE's Boxes...

The department of RMPS was delighted to welcome Professor Joe Goldblatt from Queen Margaret University in Edinburgh. The visit was arranged through the Scottish Council of Jewish Communities (SCoJeC) and Professor Goldblatt is a volunteer Education Ambassador. He spoke to two classes and entertained them with some magic and interesting insights into Jewish life through the use of a large variety of artefacts and interactive activities. He was happy to congratulate the students as they were very knowledgeable about the Jewish people and asked excellent questions.



Professor Goldblatt has introduced JOE'S boxes all around Scotland ('Jewish Objects for Education in Scotland') which contain a variety of artefacts particular to Jewish life and he uses them to share an understanding of Jewish culture and belief.

Philosophy Conference...

Our S6 Philosophy class enjoyed a challenging morning of Philosophy with their peers in Dunblane High. Through a series of workshops, the students were challenged to engage with some of the Philosophical concepts they had come across and to explore the course in more detail. Mr. Rowan Craft, from the Philosophy Department in Stirling University, encouraged the students to reflect on the intricacies of Moral Philosophy through the eyes of a Utilitarian viewpoint. The morning continued with some support for the Course Units and the course Assignment, before finishing with a team quiz on Moral Philosophy. Students enjoyed the event and found it interesting to meet with a lecturer from the University – although it was felt that a morning was too brief and more time together would have been beneficial. Watch this space!



Knex Challenge...

Already this year we have welcomed over 60 P6 pupils from our cluster primaries to Wallace and look forward to welcoming more again in January. The P6s have taken part in many exciting transition activities across the school including the Knex Challenge in the Science department.



The Science department has thoroughly enjoyed meeting and working with so many young, budding engineers and look forward to welcoming the winning teams back in June for the Grand Final!



Start Up Stirling...

Carly Budge, Iona Macnab and Carly Budge (S6) spent November encouraging members of our school community to donate toiletries for Start Up Stirling, as part of their Enterprise and Employability course. Iona and Joanne are already planning for January 2018, and are challenging every pupil and member of staff to donate an item of food for Start Up Stirling. Their goal is to collect over 1,000 items and show that collective good deeds can make a massive difference to the lives of others, at a time when food may be hard to come by for some families. Donations can be handed in Tutor Group and also to the collection point at the school office, when we return in the New Year.

Book Week...

Scottish Book Week took place w/b 27th November and the English department organised a number of events. There was a display of favourite books and quotes from staff across the school. We also had a book treasure hunt for S1 and S2 pupils who had to match up the name of books with clues. Pupils really enjoyed the treasure hunt, engaging with book posters around the school and connecting with wider staff on the joys of reading a range of texts. The hope is that this year's activities will lead to an even bigger range in Book Weeks to come.

Shakespeare Workshops...

Pupils in S4-6 studying Shakespeare this term were given the opportunity to participate in a workshop put on by an actor from Stage-Ed, who gave them the opportunity to work on their 'acting chops' whilst seeing how Shakespeare intended his plays to be experienced. After the usual initial shyness pupils engaged well with the workshop and really enjoyed the experience. The workshop has given the classes fresh perspectives on 'Macbeth' and 'Romeo and Juliet' and ensured they have a deeper understanding of the texts, whilst also enjoying actively connecting with the plays.



Shakespeare Schools Festival...



Pupils from across the school came together to dramatise an abridged version of Shakespeare's 'Macbeth' for the Shakespeare Schools Festival. The group - including Adam Craig as Macbeth, Charley Wilson as Lady Macbeth, and Aimie Kyle, Ellie McFarlane and Mia Dawson as the three weird sisters - have worked incredibly hard in order to put the production together with numerous after school rehearsals, lunch time rehearsals and even weekend rehearsals. It was this hard work that led to the fantastic performances, with the pupils doing Wallace proud every time they took to the stage.



Under the guidance of Mrs Pirie with the support of Miss McKenzie and Mrs Head, the company performed at both the local event at Falkirk Town Hall on 15th November and then at the Glasgow event at Tramway Theatre on Wednesday 6th December. Both performances were brilliant, with the actors conveying the story in expert fashion. On each occasion they were praised for their ability to bring the language of Shakespeare to life and for their incredibly professional performances.

Across both performances over 50 pupils from the school traveled to be part of the audience, providing their peers with excellent support whilst also getting to know several of Shakespeare's plays.

Gaelic in Wallace...

San t-Samhain, chaidh truir sgoilearan a dh' Eilean Leòdhas airson a' gabhail pàirt ann am farpais deasbad nan àrd sgoiltean. 'S e seo a chiad uair ann am mòran bhliadhnaichean anns a robh Àrdsgoil Uallais an sàs anns an deasbad. Ged a tha an deasbad airson sgoilearan eadar AS4-6, 's e sgoilearan à AS2 & AS3 a chaidh ann bhon sgoil againne. Choinnich sinn ri Sgoil Bhaigh a' Chaisteil agus Acadamaidh Rìoghail Inbhir Nis anns a chiad agus an darna cuairt, le molaidhean doirbh.

Ged a bha sinn an sgioba as òige san fharpais, rinn sinn fìor mhath agus fhuair sinn tòrr moladh bho na brìtheamhan agus bho tidsearan eile a bha ann. Chòrd an turas ris a h-uile duine, nuair a bha sinn ann an Steòrnabhagh chaidh sinn chun an caisteal, agus fhuair sinn maragan dubha! Bha e cuideachd math coinneachadh ri sgoilearan eile fo air feadh na dùthcha a tha a' dèanamh Gàidhlig sa sgoil. Tha fadachd oirnn chun an-ath-bhliadhna.

In November, three pupils went to the Isle of Lewis to compete in a national Gaelic debating competition. This is the first time in many years that Wallace High School have taken part in the competition. Although the competition is aimed at those in S4-6, it was pupils from S2 & S3 that represented Wallace. We met Castlebay School and Inverness Royal Academy in the first and second rounds debating some tough topics. Although we were the youngest team in the competition, we did very well and got a lot of praise from the judges and other teachers from other schools. We all really enjoyed the trip, when we were in Stornoway we visited the castle, and of course we bought Stornoway Black Pudding! It was also good to meet pupils from across the country that also do Gaelic in school. We can't wait until next year!



Languages Open Door event...

All S3 pupils experienced the first Wallace High School **Languages Open Doors Event** on the afternoon of Friday 22nd September. They had workshops from the Spanish Embassy, Alliance Française, Scottish Centre in Language Teaching and on many Languages such as French, Spanish and Mandarin. Pupils had the chance to try some french cuisine and some pupils from S4 helped to lead these workshops too, with some Salsa dancing!

This was an excellent opportunity for the S3 pupils to see the importance and value of Language Skills in the World of Work.

Careers and Apprenticeships Fair 2017...

On 7 November Wallace High School hosted 32 employers, apprenticeship providers and training organisations at the third-annual Careers and Apprenticeships Fair. Mr Smith (Employability and Partnerships) and Fiona Lafferty (Skills Development Scotland) ensured that a wide range of both local and national exhibitors were present. The S6 Event Support Team, coordinated by Victoria McGregor, ensured that the logistical set-up and take-down operation ran very smoothly.

Over 400 young people from S3 through to S6 attended the event during four hours. For junior pupils it was an early opportunity to discover the value of apprenticeships and training, whilst senior pupils had the chance to further their knowledge of a diverse mix of industries. It was the wide range of local and regional exhibitors which made the event so popular. Eve Cooke (S6) praised the event for this and felt that "the Careers and Apprenticeships Fair helps pupils to learn about future prospects, and to consider things that they may not have considered before." Corinna Birkin (S4) found it helpful to have "learned about different opportunities and the entry requirements for these jobs".

The visiting companies also commended the event. Alan Meikle, our lead Prudential partner, felt that the knowledge gained from a brief conversation is highly beneficial. "This is an excellent way for pupils to get first hand expertise on careers, and everybody has been very positive in their approach", said Alan.

Mr Pennock summed up the energetic atmosphere by saying "It's great to see so many young people and employers along with college and training providers having so many conversations to develop the young workforce." Wallace High School actively promotes employability as part of the wider curriculum, and our Careers and Apprenticeships Fair is just one example of our work in this area.

Battle of the Bands...



On Friday the 13th of October we held our annual Battle of the Bands. This was a great afternoon in school with the tickets selling out the theatre was packed of young people from across the school who came to enjoy an afternoon of music. Our judges were Ewan Duncan, Mr Baird our guitar teacher and Mr Pennock.



Throughout the afternoon we had three bands competing Capsaicin, Potassium K and Capri sun K. All of the bands were very good and the afternoon had a Scottish theme with each band having to play one song by a Scottish artist. While the judges deliberated we had Murray McNeish play us a set



on the pipes and then our talented staff band played us some upbeat songs. Overall the winners were the senior band Capsaicin.

The comperes for the afternoon were Patrick Raine and Daniel Hanisek, the boys did a brilliant job of keeping the afternoon flowing and announcing the acts. entertainment.

Well done to the boys and all of the other bands who contributed to a great afternoon of musical entertainment.



Logie Kirk...

The Music Department were invited along to give an evening of musical entertainment to the Logie Kirk Guild. This was a great evening and gave pupils an opportunity to perform solos.

Well done to Ruari Henderson, Charley – Marie Wilson, Frazer Grant, Jade Campbell and to Ryan Robertson and Kasia Jurek for their Ukulele duets - you all gave fantastic performances.

A huge well done also goes to Louise George and Elinor Jennings for playing at the Induction of the new minister. Both girls gave a very musical performance and were highly praised by the Logie Kirk Board.

Silver DofE Award ...

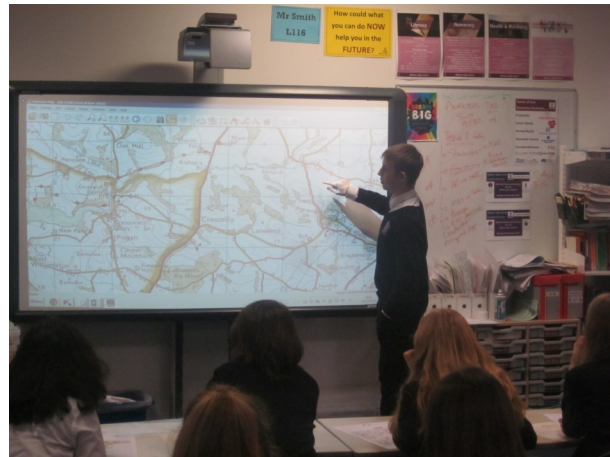
18 Silver Award participants, who completed their Skill, Physical and Volunteering sections when they were in S4, undertook their Silver practice and qualifying expeditions in September. The three day, two night, practice expedition saw groups walk from Callendar to Buchlyvie, with both nights spent camping in Aberfoyle. A range of challenges were overcome, with participants supporting each other when weather conditions worsened. Team spirit and resilience was most commendable. Completing the qualifying expedition required participants to be self-sufficient for 50 miles – carrying all of their equipment and food amongst three walking groups. Starting at Brig O'Turk, groups passed through Strathyre (where they camped at the end of the first day) and eventually finished at the Falls of Dochart in Killin. The second night was spent at Lochearnhead Scout Station, in the grounds of a fascinating railway station frozen in time from the 1950s. All participants placed a significant amount of effort into completing their expeditions, at a busy time of year. It is to their absolute credit that all participants rose to, and vastly exceeded, individual and collective challenges in a most positive manner. Well done!

A record number of 24 pupils wish to undertake the Silver Award in 2017-2018, following a real sense of achievement in completing the Bronze Award during S3 in 2016-2017. Silver Award participants spend more time on their Skill, Physical and Volunteering sections and progress is already being made. To find out more about all aspects of the Duke of Edinburgh's Award Scheme at Wallace High School, please follow @WHS_Futures on Twitter.



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Bronze DofE Award...



A record 55 young people from S3 have signed up to complete their Bronze Duke of Edinburgh's Award. By June, three different types of activities will have been completed (Skill, Physical, and Volunteering) for between three and six months each. This long-term commitment is essential in developing the responsibility and leadership skills required, to allow participants to undertake a practice and qualifying expedition in unfamiliar terrain. Such large numbers add to the vibrancy of the Award, and it is great to see young people from the widest range of backgrounds taking part. Each year the combined staff team contribute hundreds of hours of volunteering themselves, to ensure that the Duke of Edinburgh's Award Scheme continues to operate to the highest standard at Wallace High School.

Since September, Bronze Award participants have taken part in team building activities to prepare them to work with different people in unfamiliar environments. On Thursday afternoons, navigation and hill craft skills are developed in a problem solving approach. Young people have created their own maps of Stirling from memory, found out why communication is so important when outdoors and are currently learning to 'read' Ordnance Survey maps. Several Bronze Award participants (joined by some of our Silver participants) have been volunteering at Stirling Junior Park Run on Sunday mornings. Others have been running the course to increase physical fitness. This shows the true spirit of the Duke of Edinburgh's Award, with young people helping each other and the wider community. All participants have an on-line eDofE account where they track their progress and add photographic and written evidence. In 2018, training will increasingly move outdoors. Participants will learn to use methylated spirit stoves safely, put up tents and pack rucksacks. Exciting adventures await!