

01 Wallace High - COVID-19: Some Key Information for Families...

Keeping In Touch...

A key priority at this time is keeping in touch and any personalised supports we can provide for pupils. The links below provide direct access to your child's Pupil Support Leader, who can provide front-line support and pass on any key information that is required. We are in the midst of transition this term, and that has been annotated below. Please note that all pupils will keep their current Year Head, except for the new S6. They will pass onto Miss Christie, so Ms Curwen and Miss Christie will have some shared responsibility as they transition just now before Miss Christie leads with them into the new session and Ms Curwen supports with new S1 transition.

Pupil Support Key Contacts

S1 (New S2): Mr Campbell -

campbellg07s@glow.sch.uk

S2 (New S3): Miss Dunsmore -

dunsmorem07s@glow.sch.uk

S3 (New S4): Mrs Chumley -

chumleyj07s@glow.sch.uk

S4 (New S5): Mr Kerr -

kerrb07s@glow.sch.uk

S5 (New S6): Ms Curwen -

curwenk07s@glow.sch.uk

S6 (Class of 2020 Leavers): Miss Christie -

christiej07s@glow.sch.uk

Flexible Support Base: Mr Cavanagh -

cavangha07s@glow.sch.uk

Learning Support/ASN: Mrs Chumley -

chumleyj07s@glow.sch.uk

Wallace Hub: Miss Christie -

christiej07s@glow.sch.uk

Ochil House: Mrs Donaldson -

donaldsonl07s@glow.sch.uk

MENTAL HEALTH

SUPPORT FOR FAMILIES

PARENTS/ CARERS

- SAMARITANS** 116 123
Free, confidential phone service age for anyone who needs to talk 24/7
- BREATHING SPACE** 0800 83 85 87
Free confidential phone service for anyone age 16+ experiencing low mood, depression or anxiety
- LIVING LIFE (NHS)** 0800 328 9655
Free telephone appointments to support low mood, mild-moderate depression or anxiety 16+
- PARENTLINE SCOTLAND** 08000 28 22 33
Free advice and support for all families www.children1st.org.uk/help-for-families/parentline-scotland/
- ANXIETY UK** 03444 775 774
Helplines and wide selection of resources for adults and young people www.anxietyuk.org.uk

YOUNG PEOPLE

- YOUNG MINDS CRISIS LINE** TEXT: YP TO 85258
Free mental health crisis support for young people 24/7 www.youngminds.org.uk/
- CHILDLINE** 0800 11 11
Free, confidential phone service for children experiencing mental health issues, suicidal thoughts, abuse etc.
- PAPYRUS** 0800 068 41 41
Free, confidential service your people who are thinking about suicide (under 35s) Weekday 9am-10pm, Weekends 2pm-10pm
- BEAT - EATING DISORDERS** YOUTH LINE 0808 801 0711 STUDENTLINE 0808 801 0811
Helplines, webchat and resources for individuals (& families) affected by eating disorders
- CRUSE BEREAVMENT SCOTLAND** 0845 600 2227
Providing phone support for young people & adults suffering with a bereavement

IT'S OK NOT TO BE OK! This is not an exhaustive li

Keeping Up-To-Date...

We have been promoting our School App as fully as possible throughout this time as it is the easiest way for us to provide regular updates for families and will 'ping' notifications directly into your phone. It also links into Twitter news feeds etc. In the 'Information' section we have links to all of the school's key documents and so this helps with any core information you require. To download the app, please simply scan the QR code in the image opposite or go to the Apple App Store or Android Google Play Store and search for 'School App for Parents'. Once downloaded, simply select 'Wallace High School' as your school. If you already have this for your child's Primary school, simply go to 'settings' in the app and add Wallace high as your second school.

Other Key Links for Useful Information

Twitter:

[@wallacehighsch](https://twitter.com/wallacehighsch)

Stirling Council (Key links to all council services, including Education and NHS Health information):

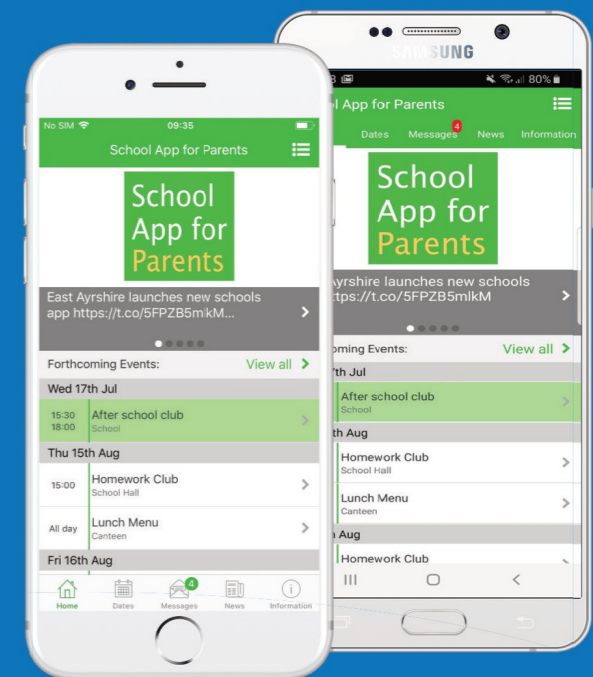
<https://www.stirling.gov.uk/>

SQA:

<https://www.sqa.org.uk/>

School App for Parents

Please download **School App for Parents** that lets you see news, dates and receive important messages.



Scan the QR Code or search for **School App for Parents** in the Google Play or Apple App Store. When you have downloaded the app please search for our school name to see our dates, news and receive messages.



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Planning Learning...

We are very much aware of the many personalised challenges for families planning learning at home just now. We are attempting to post work through the main platforms below, for all year groups. We are also posting links to some very good general/national resources via Twitter and other platforms that will help young people to learn just now. There are some good examples of these listed opposite. Our aim is to have work available for all pupils but *we know that pupils will only be able to complete a proportion of the work, depending on their own domestic circumstances. This is ok!* We encourage pupils to: look at the work posted for them; select a schedule of work that is achievable for them; attempt this reasonable work plan for the day and ensure they have HWB time. If you are anxious/unsure - message teachers for support via SMHW/Google Classroom or contact your Pupil Support Leader for some advice. **Stay engaged as best you can & stay well!**

Our Three Main Learning Platforms

Google Classroom (*Targeted work posted by teachers for your child*):

Access work via teacher issued codes

Show My Homework (*Targeted work posted for your child and with parental access as well*):

<https://www.satchelone.com>

Twitter (*Great for lots of general - often fun - tasks/activities & celebrating success*):

@wallacehighsch

Some Very Good Online Learning Links

BBC Bitesize Daily Lessons:

<https://www.bbc.co.uk/bitesize/dailylessons>

BBC Bitesize on iPlayer:

<https://www.bbc.co.uk/iplayer>

A guide to home learning across the BBC:

<https://www.bbc.co.uk/bitesize/articles>

Learn at BBC Scotland:

<https://www.bbc.co.uk/programmes/articles>

SCHOLAR:

<https://scholar.hw.ac.uk>

